



# The Bartholomew Material

**Tape No 502 - 9 June 1990:**

**“End of the Bartholomew Era”**

**Joy Franklin:** [00:00:00]  
Good morning, Bartholomew!

**Bartholomew / Mary-Margaret Moore:** [00:00:02]  
Well then, good morning, my friends.

**Crowd:** [00:00:04]  
Good morning.

**Bartholomew / Mary-Margaret Moore:**[00:00:05]  
And... we've been asked if we could perhaps clarify a little for you what was said last month about the ending time of our work together, at least on this level of appearances. And again, the statement is: in five years time, this will be finished... in this presentation. Whatever needs to be done prior to that will be done. Example: if it turns out that for reasons of safety for Mary-Margaret, date has to be accelerated so that it happens sooner than that, then it shall be done. Is it just for Mary -argaret? No, it is not. But it is a coming to an end of some cycles that operate very deeply on what we would call the unseen planes. They are simply there. And when you come in and do a cycle together and then it's time to move on, then the greatest love is to allow everyone to go and do what they need to go and do. And so it will be with that kind of intention that we will bring this formal presentation. In other words, that which you have called Bartholomew, that will not be speaking in this form at all. It will simply be up to each one of you in whichever way you feel motivated to try to make a deeper connection with anything that you would call your deep self. That which is the deepest, most wondrous, exciting part of you, which is the God self, and there will no longer have to be any kind of sense of intermediary such as this action or any other kind of action.

[00:01:34] So, that is the meaning of that. Now, remember that we said we would answer as many of the questions as we can in the intervening months. And so please, we have some here. Please just send them, bring them monthly, send them to Taos,

whatever you need to do, because it's best that you get all of your intellectual or emotional questions relatively calmed down so that all that remains is to blend with the energy that is. And the thing that keeps that blending happening happens often by questioning little rudimentary... you know, I read this and I hear this, and what is this now. Now, in order to answer that, let's start with one of the questions today, which is that one of the energy fields doing work similar to what we do here, only with differences, that which is called the Ramtha work, has made some statements about marijuana and what it does to your brain cells. And the person asking is how to access that wonderful feeling that he or she got under the process, now to access without the in-between. The reason I bring this question up is because it's going to come directly into merging with what today's sharing is all about.

[00:02:51] We're going to go back to some of the basics. We're going to redo, if we can, again, what we have done in all these many years with the attempt to have you... two things. One, to hear it again, if you missed it the first time, but most of all, to know as you hear the material that you have gotten it, that in all of these years, something has happened. That you have not been sitting here in vain month after month after year after year, that something indeed has changed within you. And the more that you know that, that the change is in your awareness, in your cellular content, in who you are and who you present yourself to be, not only to yourself, but to others, when you know that, the victory of the warrior comes in. You now know that there is a process at work and you are a part of it, and that things can change and things can happen. So, let's go back - remember, some of you, you'll go way back on this early, early, early years, perhaps the first year of our discussion. So, perhaps stated in a different way: here we go again. I hope it won't bore you. I doubt it. It's your life. You created it. Let's talk about it. We were talking about somebody else's life, you would fall asleep, but this is your story. So, here we go. Now, very simply stated: when people who do not have to rely on their senses begin to see other worlds, the worlds within and the worlds without, one of the major things and... which is... science, is now moving deeply into this field as well, what you begin to see is nothing more than magnificent, undulating waves of power made up of particles that you choose to call different things at different times. And some of these names that you are calling something now, very soon the names are going to be changing because, as you begin to probe deeper and deeper into those particles and into the wave itself - please hear the difference - there's anyone in research who's hearing this information, it's not only the action of the particle that should fascinate, but rather the motion of the wave in which the particle moves and rests and has its being.

[00:04:53] But as all of this begins to be greater and greater inspection, what you're going to find is that wonderful knowing, that wonderful awareness that this one statement that has been made time and again by those who really know is: there is only one. Now, there is only One. The reason that it doesn't matter with... whether Bartholomew ever again speaks through this vehicle, Mary Margaret, is based on the law. There is only One. It doesn't matter that Jesus Christ lived those many years ago, or Buddha or whoever you happen to honor. It doesn't matter whether your beloved husband or wife or child is gone and left. Why? It's based on one law. There is only One. And the same law that brings you the consciousness that somehow you are in an

amazing part of a wholeness also begins to relieve the anxiety. And it's the relieving of the anxiety that we wish to do in the months that we have together, because it's that state of anxiousness that keeps you from the relaxation into the moment to be able to realize that there is only One. Now, let's be very practical about that and why you don't feel it and what it means in various terms. All right, we spoke last month about the various filters, and that is all still in place. But in order to even magnify that understanding a bit, let us just talk in words of this... this room. Moving through this room, it was an amazing wonder... is wave after wave after wave of magnificent, differentiated stuff. Is that a good word? Just stuff. You see, we can get very fancy, but let's just call it stuff. And this stuff is wonderful stuff. And it is something that moves just as it does within the building itself, within the space, within this building, it moves within you in your space, every moment, moving, ever moving, ever moving. It's a magnificent thing. And in fact, you know, it doesn't take a great degree of meditation to get to that level where all you see is undulating particles of light. It's not that hard to achieve. And once you do, you will never forget.

[00:07:01] And what you come to know and see is that everything that you believe yourself or other to be is absolutely a lie. You say, I'm me, I'm me. These are my problems. These are my problems. This is my life. This is my kidney. This is my... All of this under this new way of looking makes you know, without question, that that is simply not the case. That you are a wonderful particle ever changing, always being fed by the particles that are all around you, instantly changing you moment after moment, feeding data, wonder, amazement, power, potentiality into your separated - as you would see it - little being where all the time you were never separated and you are not who you think you are from moment to moment to moment. Now, people come and they say "I want to know what's wrong with my physical body". Mary-Margaret, being an obedient friend, she looks and she looks and she's trying to find out what's wrong, what's wrong. The difficulty is she can't see your body. And the reason that she can't see your body is that that is not the level that I see you on. So, what good is it for her to talk about your kidney when we cannot even see it? What good is it to talk about all of that temporary dis-ease that you feel is so temporary when seen from moment to moment, it simply is such a state of flicking on and off, that there is no moment at which you can slow it down and say "Yes, there it is, there it is". It is a constant ongoing motion of power. Now, if this be so, then if you have a headache in one moment, why isn't it the headache would go and you would be in a state of non headache, or something even more drastic: if you had a state of some very deep kind of inward dis-ease that you had given a label to, why isn't it that you couldn't just move away from it? If you have an emotional problem of total depression and if this be true, that moment to moment, you are constantly regenerating and moving out and becoming different, why is it then that something substantial cannot be done at the moment?

[00:09:00] Why do you feel that this is an ongoing state? Why do you trajectory out for... you know... "this is...", the medical profession says "this is the prognosis of the disease" and they with great care give you the outline of what you are to expect. Now, this happens in so many realms of your lives that somewhere at the very beginning, you honestly began to believe this story, that you were not constantly in motion, ever new,

ever changing, ever ebullient. When you ask an enlightened one, what does it feel like? One of the things they say is "ever new". And you say "Oh, yes, yes, that's nice. Ever new. How nice. Yes, how nice." Because in your mind, ever new probably means a static state. When people begin to become afraid of getting enlightened and we begin to probe deeply to what the fear is, they believe this business about being up in the... all right... just simply stated: when you began to believe what other people were saying to you, contrary to what you were experiencing, then you began to move into the consensus that you now are very strongly in. For example, an infant laying in its bed looking at these wonderful moving bubbles that you have, these ducks and birds and butterflies, all these wonderful ever in motion things... magnificent! You talk about a psychedelic trip. You should be in the head of this little wonder just looking at all of this and add to it the play of night and day, the changes of the sun and so on. These are magic, magnificent moments filled with power, filled with change, with motion. And then the exciting thing for the child is - and someday science will, especially the science of children, will get to understand this better - the child, as it looks at the faces above it, begins to realize that with just very slight moves, it can change. It can change the face. By its own knowing that everything is in constant flux, the infant is beginning to learn certain basics of that, you can by your thought-forms move things around, that you can have things recede and things can come forward, that everything is in a state of motion. Now, many of you will say this is nonsense. Give it five, six, seven years and we'll see. They're getting very close to some very wonderful kinds of understanding.

[00:11:20] But what this has to do with you and getting rid of things you don't want and getting things that you do want, because those are the two extremes that you work under, this law of the One is how you move out of something or move into something. Example: your belief structure has so told you that you are present, that you are permanent, that you are somehow very, very solid, and in spite of the fact that science has presented to you a tremendously different view of yourself, you still retain. Do you see what I'm saying? There's still a part of you that says "that's not true, that's not true, this is who I am, this is all...". Science says "no, look, look, you are... you are a magnificent light extending in all directions". And when you have dark thoughts, it gets closer and gets darker. When you have bright thoughts, it moves away and gets brighter. I mean, they're doing this now. Every day. One says "yes, I know all that, but that's not who I am. I'm this, I'm this, I'm my past. I'm my parents' past. I'm my parents' parents past. I'm my...". On and on... Now, that is a way of viewing the situation. And my friends... so be it. If that pleases you, then you're stuck with it, go ahead. But there is another way, and that's what the next months are all about. And it's a beginning process, and we're going to have to work layer after layer after layer to begin to make this a reality, and not just, you know... this saying it to you and you're listening and hoping and trying to believe it. So it's a process. The thing to know and to keep remembering... Please, my friends, as you stand... you know, if you would just stop a few times every hour, just a few times, nothing fancy, and just stop and drop into a quiet moment, just for a moment, and just begin to remember the idea that you are porous consciousness. Would you just say those words in your mind? Porous consciousness. That's what you are. Porous, porous consciousness. Now, porous consciousness has as its wonderful ability to have things flow through it in all directions. There is not just

up, down and right left. It's endless. It's... it's a magnificent... the closest I think you can come to it in the visual sense so far is that of the magnificent spiral that... that has spiral within spiral within spiral, moving in all directions, magnificent and wonderful and very exciting. So, as a basic idea that is, that is the nature of what is going on all the time.

[00:13:41] Now, the difficulty with being a human with your idea of limited consciousness is that you have selected one particle of that magnificent spiral and grabbed onto it and said "This is me and all the rest is...". My friends, it is... if I could be humorous a moment, it's quite funny to watch. Because you see, you're hanging on so far: "I need this. If I don't have this, I will die. If I can't keep this, I will be miserable for the rest of my life. I need this. I want this." And you're hanging on to this one little particle, and all around you in an incredible beauty and potentiality moves all this otherness. But because you are so conditioned - it's not a fault, you know, it's... you've been trained to hang on to that - then... it almost produces a seasickness effect. You know, really, from an energy point of view, for example, if you've ever been on a moving vessel and you've been trying to hold your place on the ever moving deck, now you learn very quickly, there are two ways. One is you hold so tight that you fall against the floor because you're pushing, or you begin to relax and you allow your body to move and to move and to undulate with the current that the boat is moving under. This kind of remembrance of those times. Is it best this way, my friends, or is it best this way? You know, there's no new knowledge. It's just a remembrance. Is it like this or is it this? Is it the letting go? Now, that applied to your belief process is where we need to start. We are beginning with your belief process. And the first belief to remove is that you are some kind of a static, ongoing, non changeable bundle of whatever you think this bundle is made up of, that is governed only by the small and limited rules of that bundle. Therein lies the difficulty. Now look, my friends, if you just could hang on to that limited idea and all the other energies that are bounded around you could continue to do their job for you, there would be no difficulty, would there? You know, so what if a child has a limited point of view and thinks that, you know, that it doesn't have any place to sleep when everyone around it just sees nothing but blankets and pillows and comforters and so on. The child will just naturally lay down eventually and sleep. The difficulty with this is that you are the ones that must, by your belief, call in those energies that you have excluded from your life.

[00:16:13] Why does prayer work? Prayer is one e... of the oldest going, ongoing ways of accessing that other energy. Now, prayer is one way. Absolutely. You know of it, use it. It's useful. But there are so many others. Meditation, yes. Those are all in place. You know those I am talking about something a little bit different because it's an ongoing moment by moment. You must remember that when you change your belief system, the energies around you will change accordingly. And until you do, they aren't going anywhere. They will sit and wait. They are patient. Patient! How many lifetimes has the energy just sat around waiting and waiting for that moment when the opening would come through? And it has come through. One of the questions is: what about that wonderful, ecstatic feeling that comes out of nowhere? All of a sudden you're doing something and this euphoric upliftment just comes and moves, and sometimes afterwards there's a slight ache in the head. Usually, I think I don't know what they said.

Left side is the usual. I don't know what this particular one was about. What is all this about? This means sometimes, you know, the guard was slipped, the belief structure had changed just a bit, and the moment anything changes in you for the smallest increment of time - you must remember that: the smallest increment of time - the energy outside moves and does your bidding. And if it gives you a headache, who cares? The reason that it gives you a headache is most of the time, my friend, you have no idea how you're hanging on. You hang on. One reason people get very happy when they start to die is they can just let go. Is that not true? That's one thing. Everybody dying is allowed. Do you want to let go? Let go. With whatever rules and regulations and all the monitoring devices make no difference. There's a place inside that, you know, you can use to let go. And it's that letting go moment by moment into a vaster energy field, bidding it to move in you and transform you and change you and delight you and expand you. And the belief has to be changed. So the belief is simple. You are pure consciousness. Now, if you don't like that belief, if that sounds very silly to you, and if something else meets with your inner world, by all means please use it. But what we're asking for... you have got to understand the intensity with which you have to keep - if I could put it this way - undoing the belief. Now, I've talked to you for years and years and years about the process called doing "Who am I?" Example being: you are present, you are feeling pain, you're feeling anger, and then the question is "Who is feeling this pain? Who is feeling this anger?" Other things: you're chewing. Who is chewing? You're seeing. Who is seeing? I've talked about that and many of you do that. And the reason that it works is it fits in here: the minute that you say "who?", your whole being says "Ah, there's a question!". You no longer have decided, do you understand? It's no longer decided, Oh, my goodness, we have a chance.

[00:19:10] If the human psyche has relaxed its grip on its intensity around that point, believe me, it's going to rush in from every side in every way. It's going to rush in to fill it. And you may not feel it in that moment. I'm not going to delude you and say every moment you're going to walk away in ecstatic wonder, My friends, I'm talking about... and this is what we need to work on together, those of you who will work with this in the next few months and years, is that we need to work with the consistency of bringing in those new beliefs so strongly that they are now your new reality. They are not something you have to strive. "What did Bartholomew say?"... grasping around... no, it's there... ah, I remember, I remember, I know, I know, I know. It's a constant remembrance. It goes on within your being moment after moment. It becomes your belief structure, just as now you believe yourself to be limited, fragile, vulnerable, expedient... anyone can at any time just remove you from the situation, you can be killed, you can be destroyed, you can be made crazy, all these ideas. And you hold them all in your consciousness. I'm asking you to drop that. I'm asking you to drop that because all of that model is based on the belief that somehow this coming together of moment in all this body and all of your past and all of your endless karmic past, and, you know, once you decided on karma, then things got much more complicated. We had the last lifetime, and then another lifetime, and now... one lifetime was bad enough, you know, but so the belief is... now it goes back even further, further complicates the situation rather than relieves the tension around it. Now, I'm very excited that in the next five years or whatever we have left, there is going to come into your physical world

some scientific data, proof positive for your mind of exactly what we have been talking about for so long. So many of the fields of inquiry are now examining these very basic old beliefs that come out of the truth of consciousness from long before your concrete, finite mind even remembers. So the job is to make sure, as many moments of the day that you can, that this belief structure is being undone. And that brings us to the greatest help you have outside of yourself.

[00:21:30] Now, Mary-Margaret got a letter from someone who was very disgruntled because the letter said that in the last text that we sent, that there was a statement that there might be a little need for hurrying the process on, that the intensity might be increased. That the feeling from the letter was he didn't want to have to worry about anything other than feeling good in the moment. And he was afraid that the statement that had been made meant that he had to move out of feeling good in the moment and move into feeling bad. My friends, have I ever asked you to stop feeling good? You see, it's a very interesting kind of a perception. There is nothing you need to do if you are in this moment consistently on and on, in a state of relaxed love, acceptance, beauty and wonder and absolute delight of where you are. If that is your condition, that's magnificent. If that is not your condition, then I'm asking you to realize that your inner awareness of changing your belief is your first structure, and the second is to learn how to use your world. And that is really the crux of today's talk, is to learn how to use this world. You have all created each other, not as obstructions, although I'm sure many of you think that that is true, especially some people who you could all name, but that is not the truth. There is a deep truth that lies in the magnificent wonder of this co-creating beauty and wonder that you have all pulled together with such great love and precision. And the guiding principle of all of that is that anything that you have created as a group, as a consciousness you created for your usefulness, not for your disturbance, not for your destruction.

[00:23:17] So, if you have created a financial situation outside yourself that seems difficult, rest at ease. A part of you should be... I know, this sounds terribly bizarre... rotten tomatoes are welcome. You see, a part of you should be standing up and cheering and saying "Good, good". Because what does this say? When you find yourself losing something, whatever, whether it be finances, whether it be a love affair, whether it be your health, whatever it is, what that is trying to show you is that there is within all of that situation no matter how difficult it may perceive to you at the moment, there is some other opening possible. So, instead of scolding as the door closes, you begin to rejoice and get excited about looking around. And now what does that mean? Does it mean you have to, you know, apply to 300 newspapers for a new position? That is not my point. Do what you want. I'm talking about allowing yourself instantly to access new energy. And the minute that you say I am done fussing and fighting and complaining over the past - did you hear that? As long as I'm done with that, then you can begin to look around and you begin to say "Show me, show me. Oh, I'm opening the doors. I don't know the rules of money. Do you know the rules of money? Do you know the rules of love? Do you know the rules of good health? You know, consciously you have to kind of shake your head: no. But I want to tell you that the rule of abundance, the rule of abundance fully in place for you in all ways is a rule of

consciousness. It is a rule of consciousness. I've told you many, many times, the universe moves you constantly, constantly toward wholeness for fullness, for that feeling of wonder. It never moves you consciously back, Always forward. Whatever the situation, accept it. All right. That's it. On to a new level. On to something more exciting. On to more expanding. The moment you begin to say that in your mind, instead of going back and trying to assess, you know, you can assess deeply if you've done this wrong and that wrong, and then when it's done, it's done. Forget it. Drop on to the next moment. All right. There's a great new creative moment here. Let us see what we can pull in. And you don't do it in the material plane. You do it inside. You do it from that level of being that says, all right, it's gone, it's left, good. Let's get on to the next. Help me. Pull in the new. Pull in the new. You begin to ask this energy field of incredible power constantly moving. And when you begin to change your belief that says, I'm listening and watching, it begins to happen.

[00:25:47] Now, if you have your hands over your eyes and your hands over your ears, nobody is going to believe that you are listening. No one is going to believe that you are listening. Now, mostly yourself. So what you have to do is to begin to say in this moment, in spite of all of the prediction of my illness, the prediction of this and whatever it might be, all right, all right. That's all in place. So, let us open the doors. Let us open the doors. And you begin by saying "Show me the new, the exciting, the expansive. Show me. I'm ready. I've put aside the past. I want to see the new, the true and the beautiful. Let's move it. Let's begin to move it." And as you begin to formulate your life along that line, you will begin to find yourself, just as you're moving around your house, all of a sudden - and this is such fun, and you all know - the light goes on. It goes on. Everybody goes "Oh, I've got an idea." All right. Where? Where does this come from? You know, if you're all like this, if you are... if you are cramped into your being, you know, looking to the past and full of sorrow and loss, there is no inspiration in that. The inspiration comes when you say - a part of you that is the warrior, that is the courageous says "All right, it's done. that's done, yes, I lost it. It's done. It's finished. It's done. All right." So, let's move on, and in a dynamic way and asking then the incredible vortexes that are constantly present. Now, remember that you use your world every moment, either to help you remember this expansion or to help you validate the lack of expansion. And I would like for you to think about yourselves in all of the years to this moment, all of the thoughts that you have about the world outside you. Well, everybody knows what women really are like... Oh, we know all about men... What does this mean? It means nothing. But those are the voices. Those are the ideas. Those are the belief structures that I tell you, keep you in your own cocoon of consciousness, just going through your own material over and over again.

[00:27:52] Do you want a description of ego? It would be that: that you found yourself stuck in a cocoon and you couldn't get out and all that you had access to was the same thing that kept moving through you day and night, day and night, life after life. Is that not a clear definition of hell? When heaven arrives is when that is taken down. And now you have not only all of your information, all of your past experience, but added to it is this tremendous power of amazing compassion, wonder, wisdom and humor that begins to flood you. Why do I ask you to meditate? So you just be quiet and let yourself be



flooded, Be flooded with something other. You know, meditation is taking yourself out of the cocoon and being in the presence of other. And the more that you can do this moment after moment in your mind, see yourself, please. This is a visual technique. See yourself please with nothing around you but endless, magnificent energy moving, changing, transmuting. If someone has said to you "ah, your problem is hardening of the arteries". All right. Instead of worrying about how you got there, you know... you got it. That's good enough. Just begin to visualize deeply the motion of arteries without, you know, they've done tests. They know all this works. You know, the science has known this for a long time, about all these kinds of physical things, just to begin to feel, to allow yourself to feel yourself, to see and feel yourself moving through different conditions where you are full of this spontaneous power that's ever moving all around you. Now, every time you open your eyes and you look at the world, you make a choice. You either add to your porous, open delight, spontaneity, transformation, or you close yourself down and go back to the old model that everything outside is the enemy. Everything outside is out to get you. Everything outside is dangerous. That is not true. That is your belief. And you know full well that two people can be walking down the same road, the same place at night, one is hurt, the other goes free. Why? State of mind. State of belief. State of conscious belief. And I am asking you to push against an incredibly large vortex of fear.

[00:30:06] But you've got to understand on what level, don't do it by walking down the road at night if you're afraid, my friends, because guess what's going to happen? You're going to be "I'm so afraid, I'm so afraid, I'm going to get hit, I'm going to get hit". And somebody says "Oh, did you say you wanted to be hit? Oh, just a minute. I'll..." Somebody comes out, and you get hit. That's what you've been saying: "I want this". Does this mean that everything terrible you have willed for yourself?... Don't. Please, don't do that to yourself. That's absolute nonsense. These rules and regulations of fear are not yours in the sense that you created them as if you knew what you were doing. They're handed to you. They're handed to you by culture, by society. In no way do I approve of the statement that if a woman is raped, there's something in her that wanted the situation. That is the most simplistic, nave, humiliating kind of a statement to make to a human consciousness. And I find it outrageous. It is absolutely outrageous. What you can say about each one of you is that without your consent, deeply within through lifetime after lifetime, a certain body of expectation of the negative aspect is born within each of you. And it manifests in different people in different ways through whatever forces have molded their belief structure. So for some, it will be the fear that they'll die this way, another they'll have this and so on. But that is not a conscious statement, and it annihilates integrity when you speak in the way as if someone would be foolish enough to place themselves consciously in that kind of burden. I do not believe it. I do not believe it. But I do say that you are receptors as you are all one. You are receptors of a very dark pool of possibility, of potentiality, and it erupts in each one of you in a different way. It takes a different name. It takes a different face, a different form. So what is the way? The way is not to wait for that negative pool to be drained out of this human life plane. That is not the answer. You will be here for a long time if you are waiting to somehow pull the plug on that large pool of consciousness.

[00:32:08] What is absolutely the truth is how we began, and so now we touch upon it again. The way is for you to begin by breaking down your fear structure, even if you have to do something almost false. For example, when a fear comes in and you see your fear, you have to stop and you build the opposite. And better than the opposite: transcend the opposite. It's a matter of visual belief structure. And the more that you do this inside of yourself, the more that you acknowledge that the dark is there. You don't run, you don't pretend, but you take the use of that. Remember, "ah, there's something wrong here". Remember last month? If there's something wrong, if you feel pain, distress, dis-ease, just remember: there is a part of you that is remembering what you have been programmed to remember, and then you, by conscious delight, choose the other. And you do it because the power of the One is there. The power of the One is always present. And that includes all of the great ones that you have ever, ever hoped to come near to. All of the great and magnificent warrior motions that any human being, no matter how small, has done in any moment of their life, is available as a source pool to help you transcend this limited belief. It is not who you are. You are not vulnerable to those laws. You are vulnerable to God's laws only, and they do not include any of the darkness that we have discussed. And you choose. You choose. Every moment that you look outside, you can remember what we've said, that somehow "this magnificent... whatever it might be in front of me, can either help me remember my vast, spacious consciousness. I will be ready to see them in a new way"... or you don't.

[00:33:56] Now, let's talk about seeing in a new way. Very fancy words. What does it mean, practically? By your own power you cannot force the molecules outside yourself to change. That means if you have a face of someone in your life that is very horrifying to you, and their face is in front of you, your conscious will cannot dismember the molecules and put them back. All right. You can't do that because, my friends, if you could have, wouldn't you have done it? I mean, are you idiots? You know, if you have this little mechanism that would just flip on and then all beauty and wonder would be present, would you have not tried it? What is the... what is going on? All right. Now, the law is simple. Remember? God uses anything you create to bring you to clarity. So the minute that you become aware and alive that you want to see the external world in a new way and it still has its fear pattern for you, what you have to do is ask that that vastness help you. "Help me. I still see it this way. I still see it. I can't get out. I can't..." Ask. Please, my friends, that's what all of this wonderful scientific knowledge is going to bring, that there is a life response that comes to these seeming separated particles that rushes in when their awareness removes itself from their isolation and asks for the power of the vastness of the God-self or whatever to rush in and to help the moment of transformation. Of your self, you can't transform anything. Without you, nothing can be transformed. So what is the statement? The statement is you plus the transformational quality of the vastness of the power of God, which is always present, it literally comes in and becomes a filter. You know, I only talk in terms of energy. There is, from this perception, nothing else. So, there is your energy vortex looking out through your separated vision, feeling through your separated senses, but all in and around, especially between you and other, always between you and others, is this otherness that I've called your attention to since the first year we met, which is that in the middle of the space is the answer. The space is the answer! Not the person, the space. It is the

space that brings out the clarity. And when you actually ask the space to come alive and to clarify for you, it begins to do it. If you'll just do it, if you'll just begin to practice. The difficulty is you have got to you... you obviously understand the trap, you have to be willing to see the other face in a different way. If you are conditioned to believe that that face can only be one way, then you are stuck with you only being one way as well. So you have to begin to enliven the space around you.

[00:36:36] So I want to bring back into your awareness an exercise I gave, I am quite sure, 11 some years ago. I would like to hand it out. Many of you may never think of it again, but perhaps some of you will find it interesting. And it's simply this: whenever you look at anything, at anyone or anything, if you could keep a part of your awareness alive that says the space between us is alive and clear and all seeing. The space between us, the space between us is alive. The space between us is real. Help me. What you're going to find is that just in the asking, the energy between two people begins to change. If you doubt me, try it the next time you're having an argument with someone. I mean this with all of the depth of consciousness that I can bring to this moment. Space is everywhere. If you can begin to make it alive, if it can be that substance which brings you God, that brings you love, that brings you compassion, that brings you peace, that brings all of those things to you, you see. If you'll just make that part of you real and alive, bring it to life, my friends. It's everywhere. You know, I've told you again and again, and you do know: there's more space inside of you than there is stuff. Other stuff. There's a lot of space in you. What's in that space? Make it alive, my friends. Because it is in that... in that substance that the transformation takes place. The space, if you want to put it in one form of words, is God await. It's just God in a waiting mode. It's God in an activated waiting mode to move into some kind of awareness, and you activate it. Again and again, when people begin to meditate deeply, they begin to feel the crackles in the air. Deep meditators can often hear the crackles and they become frightened. "Oh, something's wrong with the mechanism. Things have gone awry." No, no, it's not going awry.

[00:38:38] So let's say you have a problem. Let's say that you have lost money, you've lost a love, you've lost a job, you've lost your health, and you want to do something. Would you just for the next... between now and the next time we meet, if you're returning, if you just practice, for example, if it's a physical ailment, if you would just practice feeling the empty space of consciousness moving through the condition. If you can visualize the condition, if there's a loss and there's no one there, just visualize it moving through whatever's not in front of you. If it's a state of money, if you just visualize the state of no money, however you see that and just activate the energy around and said with such words as "Let me see this differently. Let me feel this differently. Show me, show me, show me." And you do it again and again and again. Instead of the worry, go to the asking to be shown. Asking to hear, asking to see what's really going on. That is the transmute of power, and it is the only way to remove you from your belief of your limitation. Remember the Zen story: you thought yourself into the bottle, you are going to have to think yourself out. Remember, it's the old, old Zen story. The teacher says "there is a goose in this bottle. It's a glass bottle. You have to get the goose out and you can't break the bottle." The answer, of course, is you thought the goose in, you have to

think the goose out. Well, if I might put it this way, you're the goose. But you're also the bottle. And you're also the process by which you get out of the bottle and it's all in and around you. It is closer than hands and feet. It is... it is further and faster away than the farthest star. It is all that there is but One. There is only One. There is only One. And as all of the scientific methodology begins to move in this direction, the visuals are going to be amazing. They're going to be truly beautiful and amazing. But that's then and now is now.

[00:40:39] So you have to begin, please, to bring to life the space between you and anything else. And even if you don't know what's going on, ask to see it differently. If you're in a difficult moment and you're thinking of someone who's giving you trouble in your life, shut your eyes, ask the space between the aliveness to... to let you see her another way. Not to solve your problem, not to solve your problem, to see it another way. Not to have the op... heavens open and money come pouring in. Although that's a nice thought, but not that. Remember, the space is not interested in your bank account. It's interested in your vast savings account. It's interested in saving you from the misperception that has grown up before the eyes of your awareness. That is what its job is. It has the power to clarify. So you just hold the issue, the situation, whatever it might be, and you simply ask "Let me see this another way", and then you shut up and wait. You know the problem with humans, if you've been in a room with someone and nobody's saying anything, everybody is very nervous. But don't be this way with God, because you see, it doesn't work. It may work with each other. You know, you begin to fidget and somebody talks about whatever and back and forth. But you see, when you're in the presence of this kind of truly, truly mysterious, transformational power, which is real, then you have to let it have its way. You have to say "I'm willing, I'm willing to see in another way". And then you wait. You just be still, and you wait. And you wait. If you don't get a response, don't begin to go into doubt. Just simply go on about your business. Do something else. If you keep activating it over and over again, if you keep activating this creative principle that runs through everything, then what you're going to do is to draw to you with your openness a new way, a new view of yourself, a letting go of the old, no longer stuck in medical model roles or emotional model roles, or any of those that have been in place. You begin to open it up. And as you do... as you do that, things begin to transform.

[00:42:53] When someone comes to me and they're in tremendous loss, something has really gone wrong with their life. The first thing they ask is what can I do? Now, what they mean is "look in your crystal ball, tell me what job to go get, tell me what direction I should move in, tell me which part of my furniture I should leave behind." Because, in that frustration of fear of I want out of this, there is the not knowing of which way to move. And again and again, when I feel that the space is there, sometimes they come and say "Now look, I don't want any talk about my spiritual business. My spiritual life is fine. What I want to know is how to do this". Well, actually, in all honesty, I should say. "well, I haven't anything to say to you because the only thing I care about is your spiritual life". But nevertheless, we do whatever needs to be done, but the real way to reach at that moment, and what we try to do as we move between, they only come to see a mirror of space. Isn't it wonderful? There is no Bartholomew, because it's a mirror

of space and you can't... you know, it's not Mary-Margaret. Those of you that know Mary-Margaret, you know... and you all know what I'm saying. There's a knowing that there's a mirror here and it's a spatial mirror. It's a vaster mirror. It's different. It's different. And in the moment of the presence of that mirror, what your chances are if you're paying close attention, is to begin to say "Just show me, show me the face of my energy options." That doesn't mean how to do it. It means to move into you with an openness that leaves... to leave the place, hopefully, with a sense of more courage, more resilience. "Now I have the power. Now I feel the wisdom. I'm going to go out and find how it connects." You build the power base first. You build your power base first within you, and then you go out into the world and things come to you.

[00:44:37] If you go out in the world in the midst of your disappointment, your loss, your feelings of guilt, what did I do wrong, so on what you are going to draw to you is exactly the same thing that you just left. So you have to take the space. You have to take literally the space, to take the time to build the new energies, the new power, the new wonder, the new awareness in and around you. And if you begin to do this moment after moment, you will begin to find, as a magnet attracts other materials, new ideas in the form of concrete suggestions will come hurling out of the universe. YOU make the change inside, the change will happen outside. If you don't, you'll just repeat the same problem. So it's that deep statement inside of "Show me. I want to see it all new. I want new energy, new power, new wonder, newness. Right now. Show me". And you begin by practicing. Moment after moment, you stop and ask for newness, ever new joy, ever new vision. You begin to ask for what you want, no matter how hard that is. In the midst of your deepest grief, you have got to please try to do this one inner motion just to simply sit and ask to have it opened up. "I want to see. I want to change my belief, change my belief, change it. Help me to change it." And as you begin to say, help me to change it, you have let go of your hanging on to that small particle of consciousness that keeps pounding in you, that saying "it can only be one way, it can only be one way, it can only be one way". By letting go and asking in that very action, all of the motion around begins to move deeply within and deeply without. It makes a tremendous amount of difference when you least want to do it is when you most need to do it. I know, it is the difficulty because the energy is very impacted, compacted within you, but in that moment, see it a new way. If you're having trouble with someone in your past, a parent, whatever it might be, and you know, all the thought-forms on both sides that are the filters that keep the love, you know what to do. You know what to do. You just say "let me see this man, let me just see this situation in a new way. Let me see it." That means you've let go your end of the dedication to it being only one way. And in that moment, my friends, you will have to try this over and over again: the universe rushes in to supply it, rushes in to supply the alternative. And there may not just be one alternative. There may be five. There may be ten. But it's the letting go of the old and the asking for the new. And with the humble acknowledgement, my friends, that you want help, that you want help from that which is external and internal, that which is other than your usual way of approach. And it begins to flood in.

[00:47:35] My last statement before we close: many people ignore the night sleep. They put it as something outside of real existence. You know, real dreams... no, there's

no such thing. Real deep sleep and connection with the God and deep sleep... no, there's no such thing. This is what the limited mind says. But my friends, I'd like to remind you that every moment of any kind of consciousness, God is fully and totally and completely present. In every moment of any kind of consciousness, God is total, complete and fully present. And the only thing waiting is for you to begin the relaxation and the asking of the letting go and allowing the new. And you have to do this on a cellular basis, on an emotional basis, on a mental basis. That means letting go of the moment. I'm letting go of the moment. When you go into your sleep state, instead of going in jumbled up in some kind of remembrance of all of the future and past miseries, instead of loading yourself with all kinds of beverages and cigarettes and all these other wonderful toys and games that there are out there, instead of doing that, if you just drift into sleep with the awareness that even in the sleep state, you wish to have your beliefs expanded: "even in sleep, expand me, even in deep sleep, pull me closer to the source." This is your choice as you slip into sleep at night, and as you make this choice, it begins to happen and you will begin to know it. Space is everywhere around, alive with that which yearns to comfort, to add, to nourish, to supply, to make clear, to bring wisdom, to bring the love. It's just constantly around. And so please, as the first step of the real freedom, as many moments of the day as you can please remember to say what you are. You are not a body and mind stuck in this moment in time space. You are vast, conscious, alive, dynamic awareness, and the farthest awareness, the farthest from you that you can imagine is as much a part of your moment now as is all of those things that you feel impinging on you as you sit here in this room.

[00:50:01] As a simple meditation - and we will try it for those of you that wish to remain - as you sit there in the silence, if you would just begin to remember that you are porous, that you are magnificent energy, undulating, porous, constantly in motion. Nothing, nothing static. You are not stuck with anything. And as you begin to become aware of that and to remind yourself of that, then you begin to access that motion of your consciousness, which is always waiting to rush in. So practice, please. I have told you so many times: you are porous awareness, magnificently loose, able to flow past the ease of water much more beautiful, from thing to thing, from thought to thought, from moment to moment. Easy, aware, alive, ecstatic with the feeling of the motion, rather than concentrating so much on the content. Did you hear that please? Most of you are riveted on the content of consciousness. You are paying such attention. What does that mean? It gets to even such a fine line of despair that you stare at each other's faces, wondering if they frown a little. Does that mean they're displeased and want me to stop? Or does that mean that they have a headache? Or does that mean that... they disagree? Or what does it mean? You see, even the facial motion, the riveting is there, the unconscious picking up of the body, all of this is going on all the time, constantly sifting through the words. Well, what do they mean by that? You know, there are so many meanings to that. All of this. You're riveting to the content, and that is headache producing. It is a feeling of being stuck and plastered against consciousness that is immobile and the same day after day. And the way out is to begin to rethink of yourself as pure consciousness, motion, ever porous motion.

[00:52:03] And please, in this meditation, would you try to feel the motion of consciousness? There is a motion of consciousness moving through each of you constantly. And if you'll just sit quietly in that which I would call the heart center, if that pleases you, in the hara if that's what pleases you, down here in the abdomen, or wherever pleases you, if you'll just sit and wait and all that you're doing is you're waiting to feel the motion of consciousness, the life, the motion of the life. If you'll begin to do this over and over again, then the foreground and the background switch, the foreground becomes the motion that you feel and the background becomes the content. They don't leave each other. It's just the content gets further away. For example, if you are ill, if you will consciously want to feel the motion of life within you, God, within you, if that's a word that you feel close to, pulsating through you, some of you believe in call things such as the Holy Spirit, the Christ awareness, it doesn't matter what it is. If you'll just begin to feel that and not concentrate on your illness, but try to concentrate on your wellness within you, what you will do is wake up God realized and you will probably have gotten rid of your problem. The thing is that you won't mind whether you've gotten rid of the problem because you will have felt the motion of life, which is God, which is love, which is power, which is extension, which is creativity, which is wisdom, which is wonder, which is mystery, which feels magnificent.

[00:53:44] So, please, let's attempt it. I would like to thank you all for coming. Some of you I will never see again. But whatever you do and wherever your path takes you, will you just remember: you are not your limitations. You are not the darkness of your past or the fear of your future. You are something magnificently, magnetically alive that moves through all of those. And if you remember who you really are, even if you don't believe it, it will begin to move and shift and open spaces in your awareness. Until one moment you will know. And that is the moment that you are waiting for, when you know who you are.